

To create a Good Luck Talisman for yourself, start by drawing a 4 X 4 grid like this:

A	B	C	D
E	F	G	H
I	J	K	L
M	N	O	P

Under the 4 X 4 square write the following information:

Month ____ + Day ____ + Year ____ = ____

1) As an example, let's assume the date of birth is August 23, 1962. You would write:

$$8 + 23 + 1962 = 1993$$

2) Continue to reduce the sum to a single-digit number, like this:

$$1 + 9 + 9 + 3 = 22$$

$$2 + 2 = 4$$

3) Now, enter the number of the month in Cell A of the Talisman. In this case, it would be "8".

4) Enter the number of the day in Cell B of the Talisman. In this case, it would be "23".

5) Enter the last two digits of the year in Cell C of the Talisman. In this case, it would be "1962".

6) In Cell D, enter the single-digit total of all the numbers in the birth date, as created in Step 2. In this example, the single-digit number is 4. IMPORTANT: If the sum totals up to 11 or 22, leave it as is!

7) Now we'll enter the rest of the numbers for each cell in the blank Talisman, moving from left to right. So ...

a) Starting on the second row...

Take the value in Cell C and subtract 2 ($62 - 2$), giving you 60. Write "60" in Cell E.

Take the value in Cell D and add 2 ($4 + 2$), giving you 6. Write "6" in Cell F.

Take the value in Cell A and subtract 2 ($8 - 2$), giving you 6. Write "6" in Cell G.

Take the value in Cell B and add 2 ($23 + 2$), giving you 25. Write "25" in Cell H.

b) Continuing on the third row...

Take the value in Cell D and add 1 ($4 + 1$), giving you 5. Write "5" in Cell I.

Take the value in Cell C and add 1 ($62 + 1$), giving you 63. Write "63" in Cell J.

Take the value in Cell B and subtract 1 ($23 - 1$), giving you 22. Write "22" in Cell K.

Take the value in Cell A and subtract 1 ($8 - 1$), giving you 7. Write "7" in Cell L.

c) Finishing up on the fourth row...

Take the value in Cell B and add 1 ($23 + 1$), giving you 24. Write "24" in Cell M.

Take the value in Cell A and subtract 3 ($8 - 3$), giving you 5. Write "5" in Cell N.

Take the value in Cell D and add 3 ($4 + 3$), giving you 7. Write "7" in Cell O.

Take the value in Cell C and subtract 1 ($62 - 1$), giving you 61. Write "61" in Cell P.